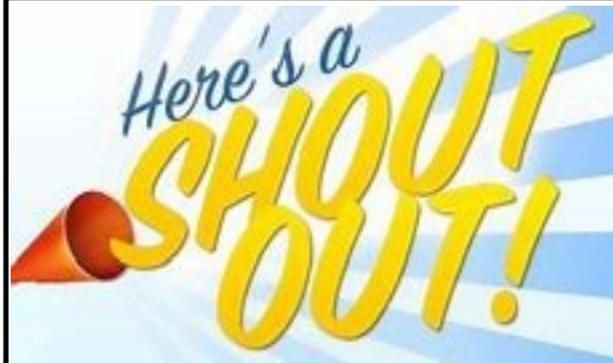




The CALLING LAKE Spirit

PUBLISHED BY THE CALLING LAKE COMMUNITY SOCIETY



Special Thanks to the Calling Lake Essential Workers who have been working diligently to keep the community members healthy, and for keeping the positive COVID 19 cases down. So many to Thank including the Alberta Health Services—serving Calling Lake Community Health Services, Bigstone Health Commission serving Calling Lake Bigstone Health Center, Bigstone Cree Nation for providing the road monitoring services, FCSS for providing wellness checks for seniors, Northland School Division for keeping our kids engaged and safe, the MD of Opportunity for the ongoing services.... and you for doing your part!!!!

Thank You Essential Workers

THANK YOU!

To the people of Calling Lake and neighbouring communities for the ongoing support for families who are enduring loss of loved ones. Through these uncertain times, community members have stepped up to support families faced with difficult situations. Fundraising to assist families has been ongoing, and the support continues. Your contribution helps tremendously.

We're in this TOGETHER!

SHOUT OUT!!!! To Ricky Cardinal who has volunteered to ensure Seniors were stocked up with wood during the winter months. In partnership with Calling Lake Community Society, Kito Sakahekan Seniors Society, Alberta Job Corp and ALPAC, the wood supply was available and Ricky made sure the seniors were taken care of.



Thank you

Bigstone Cree Nation Calling Lake Foodbank

Shout out to Joanne Hicks & family who operate the Bigstone Cree Nation Calling Lake Foodbank which serves both on and off reserve Bigstone members. The foodbank is funded by the Bigstone Cree Nation Calling Lake Trust and has been in operation now for a year! Thank you for your ongoing commitment!!!!

Special Thanks!



Printed By



tel: 780-675-2885

athabascahometownprinting@gmail.com

send in your SHOUT OUTS...

callinglakecommunity@gmail.com



<https://callinglake.ca>

PO BOX 44
CALLING LAKE, AB
TOGOKO



CALLING LAKE COMMUNITY SOCIETY



CALLINGLAKECOMMUNITY@GMAIL.COM



We are thankful to all the doctors, nurses, medical staff and frontline workers for constantly working in this pandemic to keep us safe

STAY HOME. STAY SAFE

Thank You

#COVID-19
#WARRIORS

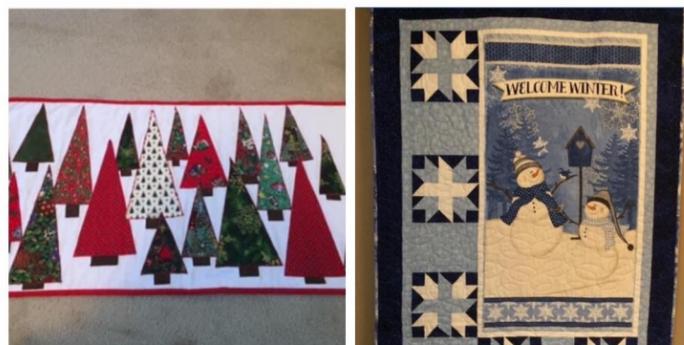




Quilts made by members of the Spruce Country Stitchers sewing/quilting group.



Quilts made by members of the Spruce Country Stitchers sewing/quilting group.



KITO SAKAHEKAN SENIORS

Seniors Wood Program

Wow its been an interesting year. Job Core has closed its doors and unfortunately the Seniors Wood Program that they were involved with is now cancelled.

BUT the Seniors Society wanted to ensure that the wood would used.

With the Help of Job Core Staff (Cecil) and the help of the MD Staff (Bernie and crew) we were able to salvage all the wood from the Job Core Site and move it to a new location.

With the help of Ricky Cardinal, we were able to move it to his yard. Ricky, and when possible volunteers, helped deliver wood in January to the Seniors in need and to those that had special circumstance. This was FREE wood for those in need. A big thank you to Ricky who delivered most of the wood!

As the first load was free to those that were in need we have now put in place fees for the wood.

\$60 per truck load or \$120 for a trailer load for Seniors 65 and up.

\$100 per truck load or \$200 for a trailer load for all others.

Ricky has agreed to deliver the wood and will be making a payment on each load to the Seniors Society to help them out as well.

The Calling Lake Community Society helped coordinate this endeavor and when called upon will provide assistance when possible to anyone in need of helping hands.

Again, thank you to all of you who helped make this happen.

Roger Smolnicky,
Chairmen,
Calling Lake Community Society

DELTA Helicopters Ltd.

Bell 206, 204, 212 A Star BA, B2



- Edmonton 780 458-3564
- Ft. McMurray, AB 780 713-3582
- High Level, AB 780 926-3848
- Lac La Biche, AB 780 623-3490
- Rainbow Lake, AB 780 956-3988
- Slave Lake, AB 780 805-8800
- Ft. St. John, BC 250 794-1345

1 800 665-3464

(24 Hrs.)

www.deltahelicopters.com

CAMP

Municipal District of Opportunity #17

in Northern Alberta

mdopportunity.ab.ca

Campgrounds in the MD of Opportunity	Powered Sites	Cost	Non Powered Sites	Cost	Operational	Other
Calling Lake Municipal Campground <small>(formerly Provincial Park) Correction to rate advertised in Visitor guide 2021/22</small>	81	\$36	0	NA	Mid May-Mid Sept	Online booking available Summer 2021
Tanasiuk Rock Island Lake Campground	0	NA	52	\$15	Mid May-Mid Sept	Online booking available Summer 2021
Wabasca Lions Club Campground	20	\$30	15	\$20	Mid May-Mid Sept	-Two group sites @ \$150 per night

For Calling Lake Camping inquiries, email campcl@mdopportunity.ab.ca

Become a Member...

CLCS has a mandate to:
Provide a forum for community development.

We will do this by improving relations within the entire community. We will support community projects as possible for all folks from Youth to Seniors. We will engage all citizens, including full and part-time residents and guests to Calling Lake.

We will seek to be a voice and a conduit for information sharing of matters within the Bigstone Cree Nation, the MD of Opportunity and the community at large including from Youth to Seniors.

Your support by buying an annual membership for \$20.00 is appreciated and will provide you a forum to offer input and learn about who we are.

This membership will provide you with an annual report and access to information regarding Lake Matters, along with community development and events.

You will receive the Quarterly Community News Paper online and via E-Mail and an Annual report and mail out once each year.

BUY a membership as a guest or a family member to support our community.

Each Residential Property or household will be entitled to one casting vote at our annual AGM in May of each year. Purchase your membership now and it will be honored until May 2022.

		2020 Membership Application Calling Lake Community Society <i>This membership is active until the AGM in May, 2022</i>	We encourage multiple memberships per household, or family & friends. Households are limited to one voting member at the AGM.
Name:	(First)	(Last)	
Address:	(Street Address)	(City)	
	(Province)	(Postal Code)	
Phone:	(Cell Phone)	(Home Phone)	
Email:			
Payment Method:	<input type="checkbox"/> E-TRANSFER to CallingLakeCommunity@gmail.com		<input type="checkbox"/> MAILED CHEQUE to Box 44 Calling Lake, Alberta T0G 0K0

FUNDRAISING UPDATE

We had great success with the calendars and they have sold out. Special thanks to all who contributed photos and to all who have purchased one. Hope everyone is enjoying it!!!

We do have available the history book about the Calling Lake School. By A Lake of Sparkling Blue written by the late local Doris Swaga. Hardcover for \$30.

Contact Jennifer Schacher

Thank you to our community for always supporting our chocolate sales. We have run a program 3 times since Oct in support of Christmas, Valentine's and Easter. All were a success.



The Original "Roll-A-Dock" 

Hewitt Lifts & Canopies
www.hewitt-roll-a-dock.com

****Exclusive Pontoon Legs****

LIONEL BONNEVILLE Box 299 Athabasca, AB T9S 2A3	Phone: 780-675-4010 Fax: 780-675-5088 E-mail: lbplumb@mcsnet.ca Website: www.lb-plumbing.com
---	---

Firearms Sales Services & Training



Paul Stubbs
 Owner - President
 825-223-9863 Work
 780-940-1666 Mobile
 paul@sightsandarms.com

11-J Rayborn Crescent, St Albert, Alberta, T8N4A9
www.sightsandarms.com

"Edmonton's Premiere Flooring Showroom"

After Eight Floorings Inc.

~ Est. 1976 ~

Lee Filewich Sales Consultant	Office: (780) 454-2481 Cell: (780) 297-1019 Fax: (780) 452-1845 Toll Free: 1-866-454-2481 Email: lfilewich@a8flooring.ca
----------------------------------	--

11605 - 156 Street, Edmonton, Alberta T5M 3T8

The Spirit Advertising rates

In order to help cover costs of "The Spirit" Newspaper, we will be offering limited advertising.

Business card size ad:	\$25.00
One Quarter Page;	\$100.00

Special Feature:

1/2 page of advertising

1/2 page of approved editorial \$200.00

(Maximum TWO special features per edition)

Contact Jennifer Schacher to book your advertising space—**Phone or Text 780-777-5390 or email jlschacher@shaw.ca**

Thank you for supporting "The Spirit"

ATHABASCA

HEATING & AIR-CONDITIONING LTD

4915 - 51 St

Athabasca, AB T9S 1E7

Ph: 780.675.5565 Fax: 780.675.5580

<http://www.athaheating.com>

Message from our Society,

Calling Lake Community Society has been actively planning during COVID and looking at what priorities need to be set during the next year.

One of our main activities is promoting membership, we need members to run as an association. Financial means allow us to plan for activities and events that we would like to host once COVID is over. It also allows for us to help in financial contributions that are matched in grants and donations.

One such activity was to help establish and indoor/outdoor sanctioned archery program in the School.

Another is the contribution made to the Calling Lake Sailing and Recreation Association that allowed them to apply for matching grants to renovate the club house. The grant has been submitted but they are yet to here about if it has been approved or not.

Another is a contribution to the Spruce County Stitchers towards a long arm sewing machines for quilts, but this is long term and they will make their decision once COVID restrictions are lifted.

Fundraising is also underway to help support this through the sales of chocolates that were done at festive times of the year. Another big one that may be in the future, is a casino up in Fort McMurray.

Newsletters such as this one requires funding and is in the start up phase, we do want to make this more self sustaining by eventually selling ads in this.

We have initiated a new updated website, a Facebook page to increase communications

Hopefully in the near future we can once again host a pancake breakfast and we are also looking at another Community Garage Sale, whether this is online and eventually in person will be determined by how COVID restriction occur.

All of these take volunteers as many hands make little work for each activity. That is another reason we need membership and be able to approach people to help when they can.

On that front we have had two key members step aside Kathy Stubbs and Wilf Brooks who made decisions to step aside from the board. They were both instrumental in assisting with the set up of the new Calling Lake Community Society. We thank them for their contributions but be aware that they have formed a new committee that is looking at the historical aspects of Calling Lake and are accumulating a vast amount of information. Hopefully one day this can be set up on display for all to see.

Everyone should be aware that JOB Core is now Closed. Our Society helped the Seniors Society maintain the wood program this year and have hopefully set up a model to maintain this in the future by partnering with Ricky Cardinal, a private operator.

As Job Corp is closed, we know that the MD is thinking about this site and we have ideas to share as to what might possibly occur to make this a successful operation in the future. Our ideas have been shared and we wait for feedback, hopefully this site is not left empty.

Sincerely,

Roger Smolnicky,

President Calling Lake Community Association



Calling Lake School Update

Calling Lake School News

February 2021

We are working hard to provide interesting learning experiences for our students during the pandemic and are planning for a time when we can once again open our doors and invite the community in to work with our staff and students. Here are some of the things we are doing in the next few months.

Dual credit program

We are offering Aboriginal Studies 100 through a partnership with MacEwan University. We have one high school student enrolled this term and are hoping to offer more dual credit programs in the future.

Indigenous Youth Rising Conference—March 9

Several of our classes will be attending a virtual conference focused on Indigenous youth in Canada on March 9th.

For more information, please go to the event website <https://events.bizzabo.com/284037/home>.

NASP program

We will be offering the National Archery in Schools Program as soon as our COVID 19 restrictions are lifted. Grades 4 to 12 will be welcome. Archery is a growing sport in our province. This program is designed to let as many students participate as possible. Once the pandemic has passed, many local schools host archery competitions that we will be able to complete in if our students decide to participate. We would like to thank the Calling Lake Community Society for helping with the purchase of our archery equipment.

Attendance is important

This school year has been difficult for our students in many ways. Switching between in class learning and learning at home several times in the last few months has been difficult to manage for our whole school community.

We would like to encourage all of our families to keep our students learning moving forward by regularly attending school or regularly completing home learning packages. If your student needs help completing the work at home, please contact your student's teacher.

If you have any questions or comments, please contact Jason at the school.



CALLING LAKE PUBLIC LIBRARY



DO YOU LIKE TO READ, WATCH DVD'S, OR LISTEN TO AUDIO BOOKS?

CALLING LAKE LIBRARY HAS TITLES FOR EVERYONE. IF WE DON'T HAVE YOUR BOOK OR DVD, WE CAN ORDER IT FROM ANOTHER LIBRARY.

PLEASE CALL US AT

780-331-3027

MONDAY TO FRIDAY 10:00 TO 4:00

Meet Our

Board of Directors



Roger Smolnicky President

Tim Siewert Treasurer

Nora Ross Secretary

Angela Lightning

Jennifer Schacher

Nancy Young

Jason Wiks

Randy Auger

Wasi Johnson

Contact us @

callinglakecommunity@gmail.com

THROWBACKS

1915 Rules for Teachers

Taken from the book "By a Lake of Sparkling Blue.....A history of Calling Lake School No 4124 By Dora Shwaga.

YOU WILL NOT MARRY DURING THE TERM OF YOUR CONTRACT.

YOU ARE NOT TO KEEP COMPANY WITH MEN.

YOU MAY NOT LOITER DOWNTOWN IN ICE CREAM STORES.

YOU MAY NOT TRAVEL BEYOND THE CITY LIMITS UNLESS YOU HAVE THE PERMISSION OF THE CHAIRMAN OF THE SCHOOL BOARD.

YOU MAY NOT RIDE IN A CARRIAGE OR AUTOMOBILE WITH ANY MAN UNLESS HE IS YOUR FATHER OR BROTHER.

YOU MAY NOT SMOKE CIGARETTES.

YOU MAY NOT DRESS IN BRIGHT COLORS.

YOU MAY, UNDER NO CIRCUMSTANCES, DYE YOUR HAIR.

YOU MUST WEAR AT LEAST TWO PETTICOATS.

YOUR DRESSES MUST NOT BE ANY SHORTER THAN TWO INCHES ABOVE THE ANKLE.

YOU MUST BE HOME BETWEEN THE HOURS OF 8 PM AND 6 AM UNLESS ATTENDING A SCHOOL FUNCTION.

TO KEEP THE SCHOOL ROOM NEAT AND CLEAN YOU MUST:

-SWEEP THE FLOOR AT LEAST ONCE DAILY.

-SCRUB THE FLOOR AT LEAST ONCE A WEEK WITH HOT SOAPY WATER.

-CLEAN THE BLACKBOARDS AT LEAST ONCE A DAY.

-START THE FIRE AT 7 AM SO THE ROOM WILL BE WARM BY 8 AM.

The Calling Lake School will celebrate its 100 year anniversary in 2022.

*To purchase this book contact Jennifer Schacher,
Calling Lake Community Society 780-777-5390*

THANK YOU
FOR
PARTICIPATING
in the
CALLING LAKE
COMMUNITY SOCIETY
LIGHT UP YOUR
HOLIDAY
CHRISTMAS
LIGHT
CONTEST



Xmas Light Contest winners

SUN DEC 20th

In alphabetical order

- Anderson, Gloria & boys
- Auger, Lisa
- Auger, Rose
- Budney, Don
- Cardinal, Bernie & Priscilla
- Cardinal, Robin & Lori
- Prather, Kevin & Eileen Anderson
- Stewart, Jasmine, Jeremy & Brian Cardinal
- Young, Amber & Chad
- Young, Cliff & Reanna



CALLING LAKE NATURE

Walleye, also known as Yellow Pike or Pickerel, are a freshwater fish native to most of Canada as well as the Northern parts of the United States. Northern walleye are one of the most popular sport fishing species in Canada because of the challenge in catching them and, more importantly, for their firm texture and light color, which makes them a delicious fish to consume.

Due to their popularity with anglers, the size of fish caught varies as walleye are generally protected with regulations on the amount one can keep, as well as a "slot size" (about 45-55 cm) in which anglers are mandated to release them back into the water to allow spawning and to promote healthy and abundant fisheries. You will often hear smaller walleye in the 14"-19" range referred to as "eater sized walleye." Many anglers prefer to keep these smaller walleye and return the larger fish back to the lake. Be certain to at least get a picture with larger walleyes though... a trophy Walleye is any walleye over 30 inches with the largest walleye ever caught in Canada topping out at 34 inches.

Fortunately for anglers, walleye can be found in most rivers and lakes throughout Canada. They can be caught from their spawn in the spring straight through to the end of the season. During the early season spawn the Walleye are usually very shallow and they migrate to deeper waters as the season moves on. While they are in many Canadian waters...the trick is in getting them interested in your presentation.

Walleye have an amazing ability to see with little or no light and generally stay closer to the bottom of the water. They tend to feed most often at dawn and dusk, when skies are overcast, or when there is a choppy current on the water as this disrupts light waves and mimics low light conditions. Unlike Northern Pike, Walleye travel in schools and are more passive in their strike, so presentation of bait/lures is crucial with Walleye.

Use of live bait in the form of minnows and night crawlers during the pre-dawn and dusk/post dusk hours is best. Lures mimicking the swimming action of small fish are also effective as walleye are pred-

tory and will feed on smaller baitfish. The depth at which walleye are caught varies on the time of year and the layout of the lake in which they are fished. Springtime is the spawning period for walleye and when they are found in shallower waters (up to 10 feet) and closer to shore. One female Walleye can lay upwards of a million eggs. Summer and the end of the spawn sees Walleye returning to deeper waters.

A personal favorite approach to target northern walleye is to troll with a floating gum drop jig. Try and be ready with a variety of floating jig sizes and colors, then use a walking sinker with about two feet behind it until you tie the jig on. In addition to varying the jig you are presenting, play around with the distance behind the sinker. Since walleye are often in schools, if you feel a hit or catch one, then work that area trolling through until you reach your limit (as if it's that easy). These techniques can also be used, with slight modifications for fishing on the hard water. Be forewarned, ice fishing is a little colder than summer fishing. The ice fishing season closes on March 31.

Calling Lake is one of the few Alberta lakes that allows anglers to keep one fish in the "slot size." The lake is closed for fishing from April 1-May 31. This allows the females to spawn, and allows the lake's fishery to be sustainable for the next generation. When "catch and releasing" a fish that is not in the slot size (45-55 cm), one should try to limit the amount of time and handling the fish receives before being released back into the water. A prolonged "phot-op" is very hard on a fish. The longer a fish is out of the water, the higher the odds of fish mortality. Other things that anglers can do to increase fish mortality is to use barbless hooks. We can all do our part to ensure Calling Lake fishing can be enjoyed for many generations.



Carrot cake

Ingredients preheat oven to 350F

- 4 large eggs, at room temperature
- 1 cup vegetable oil
- 2 cups granulated sugar
- 2 cups all-purpose flour
- 2 teaspoons baking soda
- ¼ teaspoon baking powder
- 2 teaspoons ground cinnamon
- ½ teaspoon salt
- ¼ teaspoon ground nutmeg
- 3 cups shredded carrots
- ⅔ cup chopped walnuts

Grease. an 18×13 baking dish

Mix eggs, oil, and sugar; beat until completely smooth.

In separate bowl, Combine flour, baking soda, baking powder, cinnamon, salt, and nutmeg; whisk to combine.

Add flour mixture to the egg mixture and beat well, until everything is thoroughly incorporated. Stir in carrots and walnuts.

Pour batter into previously prepared baking pan. Smooth out the top

Bake for 30 to 35 minutes, or until a toothpick inserted in the center of the cake comes out clean.

Remove cake from oven and let cool completely before frosting.

When cake is completely cooled, cover it with prepared frosting.

RECIPES AND MORE



1/2-cup unsalted butter, softened

1 package (8-ounces) cream cheese

1 teaspoon pure vanilla extract

½ teaspoon lemon zest, add more if you like a stronger lemon-taste

4 cups powdered sugar

finely chopped walnuts, for garnish

coconut shavings, for garnish, optional

Combine butter and cream cheese in your electric mixer's bowl; add vanilla and beat mixture until smooth.

Slowly add lemon zest and sugar, one cup at a time; continue to beat until completely incorporated, fluffy, and smooth. Sprinkle with walnuts and coconut shavings.

WANTED TO BUY

RISK AND ADVENTURE

BY ISSAC GLICK

CALL

KATHY STUBBS

780 719-9949

How is the ice fishing going today?



Terrible I can't seem to find any schools of them.



One must have COVID so they ALL have to stay home 10 to 14 days.

