



The CALLING LAKE Spirit

PUBLISHED BY THE CALLING LAKE COMMUNITY SOCIETY

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Harvest Basket

In the spirit of Truth and Reconciliation, the Bigstone Health Commission – Calling Lake, Tipton’s Independent Grocer – Athabasca, and The Calling Lake Community Society are honoring the memory of those who suffered in the Indian Residential Schools, by giving each family of the school of Calling Lake a Harvest Basket. These Harvest Baskets are filled with fresh fruits and vegetables and are meant to symbolize our commitment to remember that Every Child Matters.

During the dark history of the Residential School System students were experimented on (minimal nutritional requirements), and food was used as a weapon. Hunger and malnutrition were a reality, Indigenous children were fed just enough to dim the sharp pangs of hunger, sometimes receiving only 30% of daily calories they required. Children were malnourished and suffered long-term health problems, affecting families for generations. Fruits, vegetables, cheese, eggs and iodized salt were rarely found on the menu.

The Harvest Baskets demonstrate our commitment to the ideals of Truth and Reconciliation, it is meant to inform and demonstrate that children, our future, will not go hungry, and honor the resilience of our survivors.

Thank you to the Calling Lake Community Society, Dave Tipton (Tipton’s Independent Grocer) and the BHC Calling Lake Health Centre.

SAFE AND SECURE

On Oct 11/23 the MD declared a State of Local Emergency for Calling Lake. We have since renewed the state of local emergency plan to keep in place until we see some additional resources deployed by the Province to help the situation.

The MD has engaged the RCMP for enhanced overtime hours (up to \$50,000 for the remainder of 2023) and is looking into options for contracted security cameras and other measures that could mitigate the concerns both long and short term. We are hopeful that the Province finally realizes that the need for a detachment is long overdue and they take action towards making it a reality.

Every Calling Lake resident deserves to feel safe in their own home.

Cheri Courtoreille

MD Councillor

THE SAFE AND SECURE COMMITTEE has been very busy as of late. Our crime stats are unacceptable. From a committee perspective we are investigating community video surveillance. Many communities are implementing these for Crime Prevention through environmental design. We have noticed a lack of street lights in certain areas and will work with the MD if they are willing to address this, again Crime Prevention through environmental design.

It is great to hear the MD offered housing to the RCMP to locate officers up here. An 8 minute response time, as in other communities with detachments, really needs to occur in Calling Lake. Perhaps its time to ask provincial politicians instead of just the RCMP and staffing. Food for thought.

I understand that provincially repeat offenders are supposed to be dealt more harshly. I look forward to hearing more on this. Returning criminals to the same environment they came from without rehab or support is just not working.

I was glad to see Bigstone offering support in this area. It is optional but not mandatory yet.

Roger Smolnick

Message from The Calling Lake Community Society President

Greetings,

October 2023

Well, that was one for the record books. The Pancake Breakfast held on the Sept long weekend was a huge success. Over 500 people, and over 60 auction items were raffled. CLCS raised close to \$5000. What we did learn was that the kitchen was not designed with a large enough griddle to accommodate that many for a pancake breakfast. So CLCS will endeavor to find a way to get a large portable griddle to assist whatever caterer or person in Calling Lake wishes to host such events. It would be a portable griddle that could be used at various locations.

Our Historical Committee is hard at it hosting luncheons, seniors' events, rebuilding a website. All this so the history of Calling Lake is kept for all to enjoy.

The Seniors committee decided to stay with the CLCS, we bookkeep for them and it is their committee that decides how to spend their funds. This year they received a \$20,000 grant from FCSS. I know they are looking for new committee members to take an active role. If you are interested, please contact Melaney Guthrie. Come on down to the senior's coffee Tuesday and Fridays at 11:30 – 1pm, these are mail days so drop in for a visit, ALL seniors are welcome.

The Sport Recreation and Culture Committee has received additional funding from Sport for Life Nationally to continue working with the youth of Calling Lake on Physical Literacy and the benefits of keeping kids active. This also includes instructional seminars for people in the community who are leaders and want to engage kids. Teachers and recreation staff are taking these seminars.

Education committee welcomes Stephen Marsh our new Principle. Stephen dived right into the CLCS and along with the Bigstone Health Commission has helped organize and distribute the Fall Harvest Baskets program for the youth at our Calling Lake School.

So as always, we would like people to read our guiding document, our Three-Year Plan, which is updated each year. You can find it on our Facebook page and our Historical Committees' website. Any board member *can* be approached for input as we seek to be inclusive. In fact, though feedback, we are now advertising our board meetings so that public can attend if they so wish.

Lastly it will be brought forward to the CLCS board to consider a program for Community members to apply for grants that revolve around our community. We do have to wait until the grant requests are completed and we know exactly what we received from the casino.

Sincerely,
Roger Smolnick



Our volunteer crew. Rick, Roger, Terry, Judy, Cheryl, Mari-Agnes, Jennifer and Charlie.

All funds raised will remain in the Calling Lake Community.

What a great trip and group of people to work with. The Casino had a few hiccups, we needed more people, but the Fort McMurray people helped us out and I can't thank them enough. The casino tasks are easy, you are well fed, with free accommodations and your travel costs covered.

I mention this as we have been asked to run another Casino in the future and want to ensure we have enough people to volunteer. Did I mention we likely raised over \$25,000!

KITO SAKEHEKAN SENIORS

The fall season is upon us and before you know it will be Christmas.

We have been planning and have some events in the works between now until year end. We invite all Seniors in our community ages 55+ to join in on the fun.

Drop in to the Centre and enjoy a good cup of coffee or tea and have a visit with others when you come to the Post Office to pick up your mail.

We will be open from 11:30am – 1:00pm every Tuesday and Friday.

Melaney



A great Sunday afternoon having fun! Good job ladies!



how a quilter cuts the cake!



The Art of Beading in Calling Lake

As a young girl around the age of 11 I learned how to bead. I made very simple necklaces. I still have the one that I made for my Grandma, it was returned to me after her passing. In the years ahead I didn't carry on with this craft. Since living in Calling Lake my appreciation of this art has grown. I have purchased and been gifted several pairs of earrings that I wear with pride and joy. Maybe this is why I am so attracted to fabrics with indigenous beadwork prints!

Calling Lake has many talented crafters and bead makers so I thought it would be interesting to highlight this art and I have reached out to them and asked a few questions; When they started beading, what it means to them, and what do they like to bead. Thank you ladies for sharing.

I started beading when I was around 14 years old. I am a self-taught beader. To me beading is a creative outlet, one of many forms of art I enjoy doing. I can make many different items, my favorite things to bead are earrings.

Kalli Johnson



My sister Chantel got me into beading and I also taught myself. Rose, my Grandma is always beading and I can now too and that means a lot to me. I bead earrings, barretts, medallions and lanyards.

Wasi Johnson



I started beading around the time I was 10 years old. My Mother taught me. Mary Rose Gladue. Beading means a lot to me. I beaded for Mrs Logan and she paid me a little bit which helped me, I beaded moccasins and once I beaded a set of gloves.

Rita Auger

I was taught to bead by Sabrina Cardinal and Sissy Lightning. Beading keeps my mind content. I like to make earrings, lanyards and keychains.

Natasha Houle



I started beading a year ago. I watched Youtube tutorials and videos. Beading is healing, I turn to it to help me relax and ground myself. It is my medicine. I bead necklaces and earrings.

Jasmine Stewart





Mr. Stephen Marsh
School Principal

Calling Lake School Update

Tansi and Hello, Calling Lake residents. As I write this, the month of September is nearly over, which I'm finding hard to believe—it's gone by so fast!

It was a summer of change, both at Calling Lake School and Northland School Division. In addition to my arrival, we have a new grade 7/8 teacher, Mr. Jimenez (pronounced him-EN- ez) and Sharon Loonskin has rejoined the high school team. And if you follow us on Facebook (and please do, if you don't already), you likely know that we have a new superintendent leading Northland School Division. Shelley Willier, who previously held senior leadership positions in the division, returns to us after a 5-year stint working for the Government of Alberta.

Ms. Willier has a bold vision for Northland School Division and has placed a strong emphasis on establishing positive relationships and creating an environment where trust and collaboration hold great importance. "To actively support this focused approach," she wrote in her September 5th letter to students, families, and community members, "we are planning a series of community engagement events throughout the school year. During these gatherings, we will be seeking input from students, parents/guardians, staff, and community members. The Board and Administration are committed to ensuring that Northland School Division is a great place to learn and grow."

All of us at Calling Lake School are working together in support of this vision. Some highlights from our first month:

- Our land-based learning program continues to be a top priority at Calling Lake School, and we've started the year with field trips to pick berries and visits to the Cultural Days in Wabasca, where students participated in a wide range of activities.
- New furnishings have transformed our foyer into a welcoming and comfortable space for learning and connecting, and we've begun rebuilding connections between older and younger students with weekly buddy reading activities.
- Middle years teachers are working on a new program to introduce coding and robotics to their classes.
- And many of you joined us for a barbeque to welcome students back. We had some hiccups getting the food ready, but thanks to your patience and the diligence of our staff, we still got everyone fed, and fun was had by all.

Another thing we're working on is getting the Calling Lake community increasingly involved in the life of the school. If you have talents, skills, or ideas to share, please don't hesitate to let us know. You can call us at 780-331-3774 or email me directly at stephen.marsh@nsd61.ca. I look forward to hearing from you.



The Calling Lake Sailing and Recreation Club

We had a very busy summer starting off with our 2nd annual Free Learn to Sail Weekend July 22/23. Coach Eugene Dombroski and Head Coach Brendan Denney from Alberta Sailing Association came out to teach 20 youth & adults how to sail. Great weather, just the right amount of wind and the many volunteers made this weekend a great success! Special shout out goes to Ted Wilson, Eric Olson and the grandkids, Ernie & Chris, Cathy Goddard, Grant Leslie, Mike MacFarlane, and the Riddles. We would like to thank the MD of Opportunity, Jay dee Landscapes, Sport for Life, ASA, and Kathy Friesen for their financial support that allowed us to offer this course at no charge. We also held a Bike Raffle to raise funds and we would like to thank the community of Calling Lake for buying tickets and to the people who sold all our tickets. Thank you also goes out to Gus Rettschlag for picking up all the items, Calling Lake Community Society, Wilf Brooks, Cheap Seats Sporting Goods, United Cycle, Kelly & Ray, and Chris & Ernie for their donations to the prize package. The winner was Jason DeJong, ticket #1!

Next up we had our Poker Rally and Family Dance. Thank you to Samantha Bellina for organizing the dance. The poker rally was a success thanks to our volunteers: Chris & Ernie Provencher, Kelly MacIntyre, Cathy Goddard, Riddle Family, Virginia Olson, Donna Bladon, and the Sherback Family. Winners of the poker Rally: 1st: Jesse Schryver 2nd: Grey Bengtson 3rd: Brendan Rathwell Worst Hand: Jordan MacIntyre

For the September Dance we had the band "We got Lucky" perform a Tom Petty Tribute. (wegotluckyband.com) Adam Becker and his company Intercept Photography provided the sound and lights for the night. We offered a spaghetti dinner and many door prizes. We sold out and everyone had a great time. Again, we could not have done it without our volunteers, from the ladies getting together to make 714 meatballs, the Riddle family doing everything from setting up, serving dinner, to taking down & cleaning up. We would also like to thank the Provencher's, Schmold's, Farmer's, Miller's, Pat Lynkowski and everyone else who came out to help.

Our best fundraiser is always our bottle drives every long weekend. This money allows us to pay the lease, electricity, and insurance every year. We were lucky this year to have Grant Leslie donate a trailer to transport the bottles to the bottle depot. Thank you! Also, a big shout out goes to our volunteers that go around and pick up the bottles, Owen & Tamara Larson, Maryanne & Darren Preece, Chris & Ernie, Carmen & Keith Miller, Mike Hauptman, and Gus & Matt Rettschlag .

We had one group rent out the clubhouse & grounds for a long weekend. It is a hidden gem for this area, a private lakefront with room for campers with a clubhouse and running water, and washrooms for a very reasonable price. If you're interested, please contact us at clsclub@gmail.com

If you would like to keep up with our events at the sail club, please join the Facebook page **Calling Lake Sailing & Recreational Club**. We will be hosting another learn to Sail camp next year along with our Family dance, poker rally, bottle drives. See you next year!

Nora Ross

"One of the best evenings i've had, they played all of Tom's hits as well as other great songs that only a true Tom Petty fan would know. The band was tight and you could tell they knew their songs. I aim to keep my eyes open for other venues they are playing at, definitely want to see them again".
Nick Amato



We Got Lucky is a Tom Petty & The Heartbreakers tribute band based out of Edmonton Alberta. The 5 piece band performs the hits and deep cuts spanning decades of Tom Petty's legendary career, with authenticity, energy and attention to detail. Bookings are available for events of all sizes, Customized sets are offered based on length, era, or preferences. Contact us for pricing and additional information.
wegotluckyband.com

SPORTS AND RECREATION

Calling Lake Physical Literacy for Communities Project

Calling Lake community members have come together as part of the Physical Literacy for Communities (PL4C) initiative. This project began in spring 2022 and is an initiative of Sport for Life, funded by the Public Health Agency of Canada, with the focus of supporting the development of physical literacy in 150,000 children and youth aged 2-18 across Canada.

The approach of this project involves building community partnerships and collaboration, improving physical literacy awareness, developing local capacity to support physical literacy activities, and increasing physical activity.

Community members and staff from a number of organizations such as the Calling Lake Recreation, Calling Lake School, Bigstone Health Commission, and Alberta Health Services have been working collaboratively and have undertaken a number of educational and training opportunities and have helped provide opportunities for physical literacy development in children and youth.

Specific examples include three workshops (Introduction to Physical Literacy, Quality Sport for Communities and Clubs, Indigenous Communities Active for Life), supporting a trapping program through the school, supporting children to attend sailing camp and providing access to PLAYBuilder to teachers across Northland School Division, which provides hundreds of activities that help develop physical literacy in children. Where possible, these opportunities have been shared with practitioners working with children and youth across the Municipality of Opportunity No.17.



Community members and physical activity practitioners attend Indigenous Communities Active for Life, facilitated by Dorothy Paul and Mataya Jim of Sport for Life

More opportunities to come over the coming year!

What is Physical Literacy?

*Physical literacy is the motivation, confidence, physical competence, knowledge, and understanding to value and take responsibility for engagement in physical activities for life.***

The International Physical Literacy Association, May 2014

Just like reading, kids need to **learn** about **moving** so they:

- Feel **good** about moving
- Know **how** to move
- Will want to move **again** as they get older!!

This is physical literacy



SPORT HISTORY



Softball and baseball, fast pitch or slow, Calling Lake has played it all. We love our ball, as do many communities in the north. Here, the Double R Rangers show off their hardware in Widewater, where they took top prize. How many of these players do you know?

Memories of the Double R Rangers

Kevin Prather

As a kid growing up, I looked forward to a few things. Even when we didn't live in Calling Lake, my family did. And like the seasons, I knew what I'd be doing when the season changed. We'd be at the lake. The things I looked forward to in the summer were ball, the beach, fishing and bonfires. In winter, it was hockey night in Canada. Sliding or skating, or watching my uncles play hockey.

Even before I could play ball, we watched fastball. The Double R Rangers. Before that, the White Caps, but the Rangers is what I remember and love the most. Being a bat boy as a kid. Going to games. Growing up around the game and getting to watch my heroes play. I couldn't wait to be part of the team. Watching, learning. Practicing with them by catching fly balls.

Then I got old enough to play. Weekend tournaments. The rivalries. Jewels. Grosmont. The Labatt Blues. Colinton. Those are some of the things I remember. It was a family affair back then, being at a tourney. Players brought their wives and kids to the games.

My memories are only a snippet compared to some of the other guys I played with. I came in as a rookie, joining a bunch of great veteran guys who were already very, very good and known in the ball community. They won 11 tournaments out of 13 one year.

Today is a day I'm happy is here. Bringing back some of those memories. Of the players. The sponsors, Rudy & Rojowski. And the uniforms. Double R had the best uniforms in my opinion – the best uniform I ever wore.



Retro jersey designed in 2023 for our celebration of sport in Calling Lake

**Double R Rangers
1980 – 2005**

**Sponsored by Rudy
Wiselka & Frank Rojowski**

**Some team members
through the years**

Elmer Nipshank
Roy Jacobs
Marvin 'Dick' Nipshank
Brian Nipshank
Larry Cardinal
Charles 'Chucky' Beaver
Spencer Cardinal
Ken Cardinal
Bernie 'Flex' Cardinal
Johnny 'Scabby' Cardinal
Randy Auger
Irvin Cardinal
Gerald 'Cheetcho' Johnson
Chester Risby
Bimbo Courtoreille
Clarence 'Okemow' Cardinal
Brian 'Chub' Cardinal
Armin Cardinal
Kevin Prather
Basil Manossa
Melvin 'Puppet' Jacobs
Barry Jacobs
Dave Newman
Ross 'Russ' Cardinal
Randy 'Jaybird' Jacobs
Napolean 'Nap' Auger
Johnny Jacobs- Coach
Ricky Cardinal

Who else was on the team?

The Calling Lake Historical Committee hosted a memorable Sport History Luncheon open to the whole community. Some of the original baseball players attended and were presented with a new retro jersey.

MD of OPPORTUNITY #17

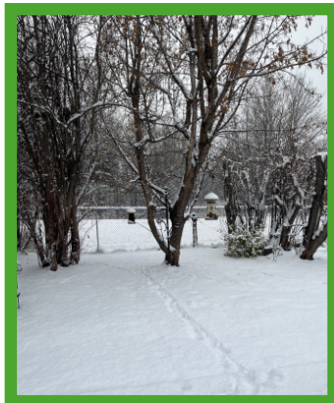


Did you know we take doantions? DVD's, books, video games and CD'S.

I am absolutely thrilled that our seniors independent living units have arrived! Unfortunately, all the wet weather this summer set us back quite a bit and as a result of this move in will be late in the year or early next year. It is an unknown situation right now and things can defintely change. We are hoping sooner for sure. What an opportunity for our seniors to wake up in these amazing cabin like homes and see our beautiful lake everyday!

Cheri Courtorielle

Our first snowfall
October
22, 2023



Here's an
idea for
an
outdoor
winter

THIS AND THAT

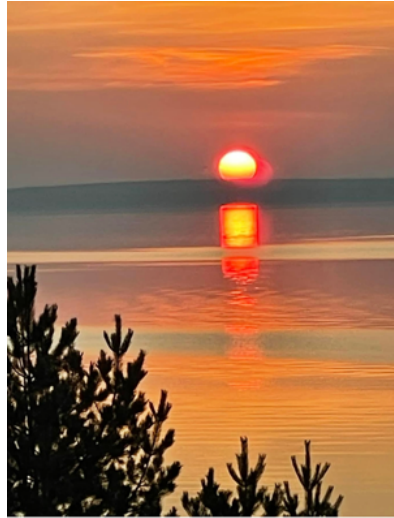


Beautiful Calling Lake
Sunset. Photo taken in
Sept 2023
by Beverly Mitchell

Looking Glass Point,
Photos taken Sept 27/23 by Jennifer Schacher

Calling River Area

The last vehicle road access to the Athabasca River until Fort McMurray, the mouth of the Calling River includes a launch for small boats, an old telegraph office, and the Calling River Metis Cemetery. Also nearby is the Looking Glass View Point that rewards visitors with a spectacular view of the area. Looking Glass is named after its Cree name, Wapimonis, to describe how the water resembles a mirror on a calm day. Although it is remote, this area is enjoyed in numerous ways by hunters, seniors, campers, families and youth. The river itself is an excellent paddling trail for beginners or experts.



Our Annual Christmas Market is booked for Saturday December 9th, 2023. It will be held at the Recreation Centre. Watch for additional details in November. All vendors welcome. Call, message or text Jennifer at 780-777-5390 to book your space. \$20 per table.



On this *Remembrance Day*,
let us remember all those brave
men and women who sacrificed
their lives for this country.

Bible Study
CALLING LAKE
COMMUNITY CHURCH
TUESDAYS @ 7 PM
PASTOR NATHAN GULLION
780-499-6824

Christmas Simmer Pot

Add:
2 SLICED ORANGES
1 SLICED LEMON
2 CINNAMON STICKS
3 SMALL PINE BRANCHES
CRANBERRIES
ADD WATER AND SIMMER!

Remembrance Day is also known as Poppy Day. The deep red flower is worn because poppies were among the first flowers to bloom on the battlefields of northern France and Belgium in World War 1. Millions of Canadians wear a poppy as a pledge to never forget. The symbol should be worn on the left side over the heart.

Use all this space
to tell your
community the
news you have to
tell them and make
them happy.

HEY!!!
ATTENTION



Become a member....

We have a mandate to provide a forum for community development and community wellness. This will be accomplished by:

Supporting as many community projects as possible for all ages groups (children to seniors)

Engagement of all citizens, including full and part time residents and guests to Calling Lake.

Becoming a member is appreciated and will provide you:

- A forum to offer input and learn about who we are.
- An annual report to be mailed out once a year.
- Access to information regarding lake matters.
- Updates regarding community developments and events.
- Quarterly Community Newspaper via email or paper copy.

Become a member to support our community

Membership Form

Please Circle: Renewal New Membership Date

First Name:

Last Name:

Home address:

Province:

City:

Postal Code:

EMAIL:

Calling Lake Address:

Postal Code:

Please Circle: South Beach North Beach CL Drive Jeremy Nipshank Two Mile
 Central Hwy 813. Calling River Area Reserve

Home Phone #:

Lake or Cell #:

Drop off this form at Calling Lake Post Office or by:

Mailing address: Box 44 Calling Lake Alberta, T0G 0K0

Email: callinglakecommunity@gmail.com